

# VETENA WEG'S CAREER & PROFESSIONAL DEVELOPMENT PROGRAM GUIDE



# About Us

#### Yetena Weg

Yetena Weg is a volunteer network of health professionals and other experts engaged in promoting health awareness, creating a mentorship platform for health professionals to learn from each other and share their work experiences.

Yetena Weg is governed by a board of directors and is a registered nonprofit in Pennsylvania, USA.

# TABLE OF CONTENTS

- 1. Introduction
- 2. Aims
- 3. Program Layout
- 4. Expectations
- 5. FAQs
- 6. Contacts

# INTRODUCTION

Yetena Weg's career and professional development program for healthcare professionals is under the mentorship program, which our team of mentors provides guidance to help members enhance their knowledge, skills, attitudes, and behaviors across all areas of professional practice. Our program is open to everyone and offers various opportunities for career growth through online formal and informal sessions that take place over a year. We aim to create a supportive environment for our members to learn relevant skills, expand their professional network, and achieve their goals in innovative ways.

#### **AIMS**

- To provide healthcare professionals with guidance and mentorship resources that will help them enhance their knowledge, skills, attitudes, and behaviors across all areas of professional practice.
- To offer a comprehensive program that is accessible to everyone in the healthcare industry, regardless of their background or experience level.
- To create a supportive environment that fosters learning, growth, and professional development for all members of the program.
- To provide formal and informal online sessions that offer opportunities for career growth and development over the course of a year.
- To help members of the program expand their professional networks, learn new and marketable skills, and achieve their career goals in innovative ways.

## **PROGRAM LAYOUT**

The Career and Professional Development program consists of a series of 9 sessions that will be held online over a course of a year. The sessions will be on various topics, skills, and experience sharing.

The sessions will be held every 6 weeks on a weekend. One session will be 2 hours long. Each session will have a Q&A session where you can ask questions and interact with the guest.

The team will send assignments to you to be completed before or after a session, make sure to check your emails regularly so that you don't miss them.

Topics to be covered in the sessions

- Resume development and professional communications
- Burnout and stress management
- Empathy, compassion, and patience in healthcare
- Use of social media and networking for professional development
- Mentorship through personal journey
- Volunteerism



## **EXPECTATIONS**

Through the one year long program each participant is expected to

- Attend the induction meeting at the beginning of the program to go over the outline of the program and discuss expectations.
- Attend all sessions over the course of the year (and if he/she can not attend, he/she needs to inform the team beforehand)
- Come prepared to the sessions with planned topics for discussion and questions
- Participate actively during the sessions especially during the Q&A
- Check emails on a regular basis as it will be the primary source of communication between the CPD team and the participant
- Complete any assignments given by Yetena Weg team on a timely basis



## FAQS

What can I do if I miss a session?

 We recommend that you do not miss a session and if you are going to miss a session that you inform us beforehand. If you miss more than 3 sessions, you will not be eligible for a certificate.

How often are the sessions held?

• The sessions are held every 4 to 6 weeks on a weekend

Are all sessions online?

• Yes all the sessions are conducted online

How do I know what is expected of me and what to expect?

• There is an induction meeting at the beginning of the program where we will explain what to expect.

Will the program have CEU points?

 No, you will not be rewarded CEU points but you will be provided a certificate of completion. If you have any additional questions, you can email the team (contact details at the end of the guide)



### CONTACT

Email : mentorship@yetenaweg.com Mentorship.Yetenaweg@gmail.com contact@yetenaweg.com Website : yfp.yetenaweg.com Twitter : @YetenaW Facebook : @YetenaW Instagram: @yetena\_weg YouTube :Yetena Weg Telegram : https://t.me/yetenaweg



